

Massage Therapies

Dahnen Murdanaigum	07890318492	Mon/Tues eve Thurs am/pm	£85/1½hrs	£60/1hr	£35/½hr
Simone Simmonds	07921086745	Sat am/pm	£85/1½hrs	£60/1hr	£35/½hr
Natasha Zuka	07423128130	Wed/Fri am	£85/1½hrs	£60/1hr	£35/½hr
Morag Wightman	07989974260	Flexi	£85/1½hrs	£60/1hr	
Suzanne Green	07763567166	Flexi	£85/1½hrs	£60/1hr	£35/½hr
Sarah Ramiah	07778667247	Flexi	£85/1½hrs	£60/1hr	£35/½hr
Karen Rooke	<i>karenrooke1@gmail.com</i>	Flexi	£85/1½hrs	£60/1hr	£40/½hr
Truus Jansen	07840550363	Sat am	1 st £65/1½hrs	F/u £55/hr	
Sarah Pritchard	<i>pritchardacupuncture@googlemail.com</i>		1 st £75	F/u £70	
Isabel Milner	<i>acupuncture.isabel@gmail.com</i>		1 st £65	F/u £65	
Rahul Pillai	07789204937	Thurs pm/Flexi	1 st £85/1½hr	F/u £65	

Aromatherapy Massage

Simone Simmonds	Sat am/pm	£85/1½hrs	£60/1hr	£35/½hr
Suzanne Green	Flexi	£85/1½hrs	£60/1hr	£35/½hr

Ayurvedic Pregnancy Massage

Sarah Ramiah	Flexi	£70/1hr
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Deep Tissue Massage

Simone Simmonds	Sat am/pm	£85/1½hrs	£60/1hr	£35/½hr
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85/1½hrs	£60/1hr	£35/½hr
Morag Wightman	Flexi	£85/1½hrs	£60/1hr	
Suzanne Green	Flexi	£85/1½hrs	£60/1hr	£35/½hr

Hot Stones Massage

Sarah Ramiah	Flexi	£70/1hr
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Indian Head Massage

Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85/1½hrs	£60/1hr	£35/½hr
Simone Simmonds	Sat am/pm	£85/1½hrs	£60/1hr	£35/½hr
Suzanne Green	Flexi	£85/1½hrs	£60/1hr	£35/½hr

Myofascial Release

Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85/1½hrs	£60/1hr	£35/½hr
Ramona Peoples	Flexi	£85/1½hrs	£75/1¼hr	£65/1hr
Suzanne Green	Flexi	£85/1½hrs	£60/1hr	£35/½hr

Pregnancy Massage

Simone Simmonds	Flexi	£85/1½hrs	£60/1hr	
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85/1½hrs	£60/1hr	
Natasha Zuka	Wed/Fri am	£85/1½hrs	£60/1hr	
Suzanne Green	Flexi	£85/1½hrs	£60/1hr	

Sports Massage

Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85/1½hrs	£60/1hr	£35/½hr
Natasha Zuka	Wed/Fri am	£85/1½hrs	£60/1hr	£40/½hr
Morag Wightman	Flexi	£85/1½hrs	£60/1hr	
Karen Rooke	Flexi	£85/1½hrs	£60/1hr	£35/½hr

Swedish + Therapeutic Massage

Simone Simmonds	Sat am/pm	£85/1½hrs	£60/1hr	£35/½hr
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85/1½hrs	£60/1hr	£35/½hr
Suzanne Green	Flexi	£85/1½hrs	£60/1hr	£35/½hr

Thai Foot Massage

Sarah Ramiah	Flexi	£60/1hr	£38/30-35mins
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Tui Na Massage

Sarah Pritchard	Mon/Tues am/pm/eve	1 st £75/1hr	F/up £65
Isabel Milner	Mon/Tues am/pm/eve	1 st £65/1hr	F/up £60
Truus Jansen	Sat am	1 st £65/1½hrs	F/u £55/hr
Rahul Pillai	Thu eve	1 st £65/1¼hrs	F/u £55/1hr