

Massage Therapies

Simone Simmonds	07921086745	Sat am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Suzanne Green	07763567166	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Morag Wightman	07989974260	Flexi	£85 (1½hrs)	£60(1hr)	
Sarah Ramiah	07778667247	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Dahnen Murdanaigum	07890318492	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Natasha Zuka		Wed/Fri am	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Karen Rooke		Sat am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Aromatherapy Massage

Simone Simmonds	Sat am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Suzanne Green	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Ayurvedic Pregnancy Massage

Sarah Ramiah	Flexi	£70 (1hr)
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Deep Tissue Massage

Simone Simmonds	Sat am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Suzanne Green	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Morag Wightman	Flexi	£85 (1½hrs)	£60(1hr)	
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Hot Stones Massage

Sarah Ramiah	Flexi	£70 (1hr)
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Indian Head Massage

Simone Simmonds	Sat am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Suzanne Green	Flexi	£85 (1½hrs)	£60(1hr)	£35 (½hr)
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Myofascial Release

Ramona Peoples	Flexi	£85 (1½hrs)	£75 (1 ¼hr)	£65 (1hr)
Suzanne Green	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr) Dahnen
Murdanaigum	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Pregnancy Massage

Simone Simmonds	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Suzanne Green	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Natasha Zuka	Wed/Fri am	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Sports Massage

Morag Wightman	Flexi	£85 (1½hrs)	£60 (1hr)	
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Natasha Zuka	Wed/Fri am	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Karen Rooke	Sat am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Swedish + Therapeutic Massage

Simone Simmonds	Sat am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Suzanne Green	Flexi	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)

Thai Foot Massage

Sarah Ramiah	Flexi	£60 (1hr)	£38 (30-35mins)
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Thai Massage

Dahnen Murdanaigum	Mon/Tues eve Thurs am/pm	£85 (1½hrs)	£60 (1hr)	£35 (½hr)
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