

Massage Therapies

Dahnen Murdanaigum	07890 318 492	Tues eve/ Flexi Mon
Simone Simmonds	07921 086 745	Sat am/pm
Natasha Zuka	07423 128 130	Wed eve/Flexi
Sarah Ramiah	07778 667 247	Flexi/Sat fortnightly
Sira Santamaria	Contact Reception 02082935380	Thursday pm/Flexi
Miles Joseph	07887 754 405	Flexi
Shaun Mercier	Contact Reception 02082935380	Wed 12-4pm
Bernadette King	07816 443 319	Wed/Sat afternoon
Sarah Pritchard	<i>pritchardacupuncture@googlemail.com</i>	
Isabel Milner	<i>acupuncture.isabel@gmail.com</i>	

Aromatherapy Massage

Simone Simmonds	Sat am/pm	07921 086 745	£90/1½hr	£70/hr	£55/¾hr
Francoise Neidergang	Fortnightly Tues pm				

Ayurvedic Pregnancy Massage

Sarah Ramiah	Flexi/ Sat fortnightly	07778 667 247		£70/hr	
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Deep Tissue Massage

Simone Simmonds	Sat am/pm	07921 086 745	£90/1½hrs	£70/hr	£55/¾hr
Dahnen Murdanaigum	Flexi Mon/Tues eve	07890 318 492	£95/1½hrs	£70/hr	£45/½hr
Sira Santamari	Thurs pm/Flexi Contact Reception	0208 293 5380		£65/hr	
Miles Joseph	Flexi	07887 754 405	£100/1½hr	£70/hr	

Hot Stones Massage

Sarah Ramiah	Flexi/ Sat fortnightly	07778 667 247		£70/hr	
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Indian Head Massage

Dahnen Murdanaigum	Flexi Mon/Tues eve	07890 318 492	£95/1½hr	£70/hr	£45/½hr
Simone Simmonds	Sat am/pm	07921 086 745	£90/1½hr	£70/hr	£55/¾hr
Sarah Ramiah	Flexi/ Sat fortnightly	07778 667 247	£90/1½hr	£65/hr	£47/¾hr
Francoise Neidergang	Fortnightly Tues pm				
Bernadette King	Tues/Fri/Sat am	07816 443 319	£90/1½hr	£80/1¼hr	£70/hr

Myofascial Release

Dahnen Murdanaigum	Flexi Mon/Tues eve	07890 318 492	£95/1½hr	£70/hr	£45/½hr
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Pregnancy Massage

Simone Simmonds	Sat am/pm	07921 086 745	£90/1½hr	£70/hr	£55/¾hr
Dahnen Murdanaigum	Flexi Mon/Tues eve	07890 318 492	£95/1½hr	£70/hr	£45/½hr
Natasha Zuka	Wed eve	07423 128 130	£90/1½hr	£65/hr	
Bernadette King	Tues/Fri/Sat am	07816 443 319	£90/1½hr	£80/1¼hr	£70/hr

Sports Massage

Dahnen Murdanaigum	Flexi Mon/Tues eve	07890 318 492	£95/1½hr	£70/hr	£45/½hr
Natasha Zuka	Wed eve	07423 128 130	£90/1½hr	£65/hr	£40/½hr

Swedish + Therapeutic Massage

Simone Simmonds	Sat am/pm	07921 086 745	£90/1½hr	£70/hr	£55/¾hr
Dahnen Murdanaigum	Flexi Mon/Tues eve	07890 318 492	£95/1½hr	£70/hr	£45/½hr
Bernadette King	Tues/Fri/Sat am	07816 443 319	£90/1½hr	£80/1¼	£70/hr

Thai Foot Massage

Sarah Ramiah	Flexi/ Sat fortnightly	07778 667 247		£38/30-35mins	
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Thai Yoga Massage

Miles Joseph	Flexi	07887 754 405	£100/1½hr	£70/hr	
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Tui Na Massage – Chinese Medical Massage

Sarah Pritchard	<i>pritchardacupuncture@googlemail.com</i>	1 st £100/1¼hr	F/up £95/1¼
Isabel Milner	<i>acupuncture.isabel@gmail.com</i>	1 st £90/1¼hr	F/up £80/1¼hr