Massage Therapies

Ruth McKinnon Thurs pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Simone Simmonds Sat am | pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Suzanne Green Mon pm | eve £85 (1½hrs) £60 (1hr) £35 (½hr)

Morag Wightman 1st/3rd Tues eve £85 (1½hrs) £60(1hr) £35 (½hr) 1st/2nd/3rd Wed pm/eve

Aromatherapy Massage

Simone Simmonds Sat am | pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Suzanne Green Mon pm | eve £85 (1½hrs) £60 (1hr) £35 (½hr)

Deep Tissue Massage

Ruth McKinnon Thurs pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Simone Simmonds Sat am | pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Suzanne Green Mon pm | eve £85 (1½hrs) £60 (1hr) £35 (½hr)

Morag Wightman 1st/3rd Tues eve £85 (1½hrs) £60(1hr) £35 (½hr)

1st/2nd/3rd Wed pm/eve

Indian Head Massage

Simone Simmonds Sat am | pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Suzanne Green Mon pm | eve £85 (1½hrs) £60(1hr) £35 (½hr)

**Myofascial Release**

Ramona Peoples Tue pm | Wed am £85 (1½hrs) £75 (1 **¼**hr) £65 (1hr)

Suzanne Green Mon pm | eve £85 (1½hrs) £60 (1hr) £35 (½hr)

Pregnancy Massage

Ruth McKinnon Thurs pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Simone Simmonds Sat am | pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Suzanne Green Mon pm | eve £85 (1½hrs) £60 (1hr) £35 (½hr)

Sports Massage

Ruth McKinnon Thurs pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Morag Wightman 1st/3rd Tues eve £85 (1½hrs) £60 (1hr) £35 (½hr)

1st/2nd/3rd Wed pm/eve

Swedish + Therapeutic Massage

Ruth McKinnon Thurs pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Simone Simmonds Sat am | pm £85 (1½hrs) £60 (1hr) £35 (½hr)

Suzanne Green Mon pm | eve £85 (1½hrs) £60 (1hr) £35 (½hr)

**Tui Na Massage**

Sarah Pritchard Mon/Tues am/pm/eve 1st: £75 (1hr) F/up £65

Isabel Milner Mon/Tues am/pm/eve 1st: £65 (1hr) F/up £60

Rahul Pillai Thu eve 1st: £65 (1¼hrs) F/u £55 (1hr)