

Massage Therapies

Suzanne Green	Mon pm eve	£55 (1¼hr) £35 (40mins)
Maxine Smith	Wed eve Flexible	£75 (1½hrs) £55 (1hr) £35 (½hr)
Devon Burke	Fri pm eve	£75 (1½hrs) £55 (1hr) £35 (½hr)
		Total Body Treatment £95 (2hrs)
Simone Simmonds	Sat am pm	£75 (1½hrs) £55 (1hr) £35 (½hr)

Aromatherapy Massage

Suzanne Green (fortnightly)	Mon pm eve	£55 (1¼hr) £35 (40mins)
Simone Simmonds	Sat am pm	£75 (1½hrs) £55 (1hr) £35 (½hr)

Deep Tissue Massage

Suzanne Green	Mon pm eve	£55 (1¼hr) £35 (40mins)
Maxine Smith	Wed eve Flexible	£75 (1½hrs) £55 (1hr) £35 (½hr)
Devon Burke	Fri pm eve	£75 (1½hrs) £55 (1hr) £35 (½hr)
Simone Simmonds	Sat am pm	£75 (1½hrs) £55 (1hr) £35 (½hr)

Indian Head Massage

Suzanne Green	Mon pm eve	£55 (1¼hr) £35 (40mins)
Devon Burke	Fri pm eve	£45 (¾hr) £35 (½hr)

Myofascial Release

Suzanne Green	Mon pm eve	£75 (1½hr) £55 (1¼hr) £35 (40mins)
Ramona Peoples	Tue am Thurs eve	£80 (1½hr) £65(1¼hr) £55 (1hr)

Pregnancy Massage

Suzanne Green	Mon pm eve	£55 (1¼hr) £35 (40mins)
Devon Burke	Fri pm eve	£75 (1½hrs) £55 (1hr) £35 (½hr)
Simone Simmonds	Sat am pm	£75 (1½hrs) £55 (1hr) £35 (½hr)

Swedish + Therapeutic Massage

Suzanne Green	Mon pm eve	£55 (1¼hr) £35 (40mins)
Maxine Smith	Wed eve Flexible	£75 (1½hrs) £55 (1hr) £35 (½hr)
Devon Burke	Fri pm eve	£75 (1½hrs) £55 (1hr) £35 (½hr)
Simone Simmonds	Sat am pm	£75 (1½hrs) £55 (1hr) £35 (½hr)

Tui Na Massage

Sarah Pritchard	Tue Thu am/pm/eve	1st appt £65 (1¼hrs) F/u £60 (1hr)
Rahul Pillai	Thu eve	1st appt £55 (1½hrs) F/u £50 (1hr)

Warm Bamboo Massage

Pamela Ward	Flexible	£75 (1½hrs) £55 (1hr) £35 (½hr)
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