

Massage Therapies

Dahnen Murdanaigum	07890318492	Tues eve/ Flexi Mon
Simone Simmonds	07921086745	Sat am/pm
Natasha Zuka	07423128130	Wed eve/Flexi
Sarah Ramiah	07778667247	Flexi/Sat fortnightly
Sira Santamaria		Thursday pm/Flexi
Sarah Pritchard	<i>pritchardacupuncture@googlemail.com</i>	
Isabel Milner	<i>acupuncture.isabel@gmail.com</i>	

Aromatherapy Massage

Simone Simmonds	Sat am/pm	07921086745	£90/1½hrs	£65/1hr	£47/¾hr
-----------------	-----------	-------------	-----------	---------	---------

Ayurvedic Pregnancy Massage

Sarah Ramiah	Flexi/ Sat fortnightly	07778667247	£70/1hr
--------------	------------------------	-------------	---------

Deep Tissue Massage

Simone Simmonds	Sat am/pm	07921086745	£90/1½hrs	£65/1hr	£47/¾hr
Dahnen Murdanaigum	Flexi Mon/Tues eve	07890318492	£95/1½hrs	£65/1hr	£40/½hr
Sira Santamaria	Thursday pm/Flexi				

Hot Stones Massage

Sarah Ramiah	Flexi/ Sat fortnightly	07778667247	£70/1hr
--------------	------------------------	-------------	---------

Indian Head Massage

Dahnen Murdanaigum	Flexi Mon/Tues eve	07890318492	£95/1½hrs	£65/1hr	£40/½hr
Simone Simmonds	Sat am/pm	07921086745	£90/1½hrs	£65/1hr	£47/¾hr
Sarah Ramiah	Flexi/ Sat fortnightly	07778667247	£90/1½hrs	£65/1hr	£47/¾hr

Myofascial Release

Dahnen Murdanaigum	Flexi Mon/Tues eve	07890318492	£95/1½hrs	£65/1hr	£40/½hr
--------------------	--------------------	-------------	-----------	---------	---------

Pregnancy Massage

Simone Simmonds	Sat am/pm	07921086745	£90/1½hrs	£65/1hr	£47/¾hr
Dahnen Murdanaigum	Flexi Mon/Tues eve	07890318492	£95/1½hrs	£65/1hr	£40/½hr
Natasha Zuka	Wed eve	07423128130	£100/1½hrs	£65/1hr	

Sports Massage

Dahnen Murdanaigum	Flexi Mon/Tues eve	07890318492	£95/1½hrs	£65/1hr	£40/½hr
Natasha Zuka	Wed eve	07423128130	£100/1½hrs	£65/1hr	£40/½hr

Swedish + Therapeutic Massage

Simone Simmonds	Sat am/pm	07921086745	£90/1½hrs	£65/1hr	£47/¾hr
Dahnen Murdanaigum	Flexi Mon/Tues eve	07890318492	£95/1½hrs	£65/1hr	£40/½hr

Thai Foot Massage

Sarah Ramiah	Flexi/ Sat fortnightly	07778667247	£38/30-35mins
--------------	------------------------	-------------	---------------

Tui Na Massage – Chinese Medical Massage

Sarah Pritchard	<i>pritchardacupuncture@googlemail.com</i>	1 st £95/1¼hrs	F/up £95/1¼hrs
Isabel Milner	<i>acupuncture.isabel@gmail.com</i>	1 st £80/1¼hrs	F/up £75/1¼hrs